

Empower your life, career and relationships

THE ENNEAGRAM is a system of nine personality types that combines traditional wisdom and modern psychology into a powerful tool for understanding ourselves and the people in our lives.

The Enneagram describes the strengths and potentials of each personality type as well as its problems. All personality types are equal, and the highs and lows of human development can be found in every type.

While most people know the Enneagram as a profound system of personal or spiritual growth, in recent years it also has been adapted for the classroom and in business. In addition to providing crucial "people skills," the Enneagram supports self-awareness, good decision-making and continual learning, which is vital for success in today's workplace.

Enneagram Professional Training Program (EPTP)

The Enneagram Professional Training Program takes place in the San Francisco Bay Area in January and August of each year, and in Asheville, NC, in October. (See schedule, inside right panel.) EPTPs also are scheduled in Argentina, Brazil, China, Czech Republic, England, Finland, France, Germany, and the Netherlands during 2007. Please call our office or visit our website for more information.

CONTINUING EDUCATION CREDITS

EPTP programs provide between 46-52 CEUs for MFTs and LCSWs. The Foundations of Spiritual Method offers 22 CEUs.

www.EnneagramWorldwide.com

866-366-8973 toll-free

513-829-3457 outside the U.S.

Please send us your email address so we can keep you informed: info@EnneagramWorldwide.com

FOUNDERS



DAVID DANIELS, M.D. is a clinical professor of psychiatry and behavioral sciences at Stanford Medical School and co-author of *The Essential Enneagram* (Harper Collins). In private practice for more than three decades, David has taught the Enneagram system at Stanford, in the community, and internationally for 20 years. He brings his knowledge of the Enneagram to individuals, couples and groups, and to a wide range of applications in clinical practice and the workplace.



HELEN PALMER has authored five highly acclaimed books in the field of human consciousness. *The Enneagram* and *The Enneagram in Love and Work* are perennial international bestsellers, now in 21 languages. Helen was featured in the PBS documentary, *Breaking out of the Box: Discovering the Enneagram*, and has co-taught the Enneagram professional training with David since 1988. For Helen's Distance Learning Programs at JFK University, visit www.Enneagram.com.

ASSOCIATES



PETER O'HANRAHAN has taught the Enneagram to helping professionals, business groups and the public for 25 years. Since 1978 Peter has integrated the Enneagram into his practice as a counselor and body therapist. He managed the Center for Human Growth in Berkeley from 1977 to 1989, incorporating the Enneagram in the program. Peter is the program director for the Enneagram Professional Training Program.



TERRY SARACINO, M.A., M.B.A., has taught the Enneagram professionally to individuals and organizations throughout the country as a tool for personal, professional and spiritual growth since 1989. As the founder of the Enneagram Center in Denver, CO, she has taught classes, facilitated type and study groups, and counseled individuals. Terry has mentored candidates for certification and conducted certification weekends since 1991.

Faculty varies by location. Check our website for the current schedule – www.EnneagramWorldwide.com

ENNEAGRAM STUDIES IN THE NARRATIVE TRADITION

ENNEAGRAM PROFESSIONAL TRAINING PROGRAM

For professional development
and teacher certification



ENNEAGRAM INTENSIVE

Five days CAN change your life:
A stand-alone workshop
or Part 1 of the Enneagram
Professional Training Program



ENNEAGRAMWORLDWIDE

Founded by Helen Palmer and David Daniels, M.D.

Enneagram Studies in the Narrative Tradition

We offer a unique and personally transformative experience of the Enneagram in the Narrative Tradition, which is based on the panel method. Program participants are interviewed by workshop leaders about their own experience of personality type, the challenges and the strengths, their relationships and their path of personal development. Through listening and participating in these conversations, you will gain self-awareness, compassion and the insights to create a more meaningful and fulfilling life.

The panel method quickly builds community and supports learning through the heart and body centers as well as the intellect. There also are presentations on the type structures, defense systems and the instinctual subtypes. Formats include guided meditations, self-observation practices and small group discussion.

WHO SHOULD ATTEND?

- Anyone on a path of personal transformation
- Therapists, counselors, physicians, nurses
- Business managers, coaches, trainers
- Spiritual directors and clergy
- Teachers and parents

"The training weeks were challenging, yet immensely rewarding. The program revitalized our already enduring relationship, increasing understanding and compassion for habitual behaviors. No words can do justice to what we experienced. A truly watershed adventure!"

I.R. & H.L., BUSINESS CONSULTANTS

"I have been a licensed clinical psychologist for 20 years and have attended numerous workshops and training opportunities. Never have I come across an opportunity for both personal and professional growth anything like what is offered in this program. Far beyond advancing my clinical skills, this program has helped me move forward as a full human being."

D.S., CLINICAL PSYCHOLOGIST

www.EnneagramWorldwide.com

ENNEAGRAM PROFESSIONAL TRAINING PROGRAM

EPTP SECTION ONE - OPEN TO ALL

The Enneagram Intensive

Five-day course integrating psychological life and spirit

The Enneagram Intensive offers a full examination of the structure and psychodynamics of the nine personality types, including the basic proposition, instinctual subtypes, patterns of personal reactivity and defense mechanisms. Participants focus on personal development and relationship issues with other types through self-inquiry, process interactions and specific strategies for change.

Facilitators may include David Daniels, Peter O'Hanrahan and/or Terry Saracino, depending on location. Helen Palmer is present through a recorded set of 12 powerful guided meditations.

EPTP SECTION TWO

Foundations of Spiritual Method and the Typing Process

Six-day course (or three days for Spiritual Method only)

The first three days, **Foundations of Spiritual Method**, is taught by Helen Palmer and focuses on type structure as a means of spiritual evolution. The panel method is used to demonstrate how to unite psychological self-observation with spiritual method to further one's development and integration. This program is open to the public as a stand-alone workshop.

The second three days, **The Typing Process**, brings instruction and practice in typing and panel interviewing, with special attention to distinguishing among types using verbal, non-verbal and observational cues. Participants have a rare hands-on opportunity to develop their Enneagram interviewing skills with coaching and feedback.

To register or learn more about our programs, please call **866-366-8973** (toll-free) or visit www.EnneagramWorldwide.com.

Teacher Certification

After Section Two, candidates for teacher certification begin an internship, conducting 20 or more typing and panel interviews and receiving feedback from an experienced coach. Then they return to the first section of the EPTP as both participants and panel interviewers with further coaching provided by the trainers. Graduates are eligible to join our teachers association, purchase advanced teaching materials and participate in networking activities.

U.S. TRAININGS IN 2007-2008

THE ENNEAGRAM INTENSIVE

(EPTP Section 1 or a stand-alone workshop)

Menlo Park, CA: Aug. 17-22, 2007; Jan. 18-23, 2008
Asheville, NC: Oct. 26 - Nov. 1, 2007

FOUNDATIONS OF SPIRITUAL METHOD

AND THE TYPING PROCESS (EPTP Section 2)

Menlo Park, CA: Aug. 24-30, 2007 & Jan. 25-31, 2008

FOUNDATIONS OF SPIRITUAL METHOD

(stand-alone three-day weekend)

Menlo Park, CA: Aug. 24-26, 2007 & Jan. 25-27, 2008

NEW ADVANCED TRAINING:

THE ENNEAGRAM FOR THERAPISTS, COUNSELORS, COACHES AND GUIDES

(prerequisite: Enneagram Intensive or by permission)

Scottsdale, AZ: May 31 - June 6, 2007

ENNEAGRAM WORKSHOPS IN 2007

with David Daniels, Helen Palmer, Terry Saracino and/or Peter O'Hanrahan (partial listing below – see

EnneagramWorldwide.com for full schedule and details)

April 20-21, Asheville, NC: Sleep and Dreams

April 28-29, Minneapolis, MN: Subtypes

April 28-29, Detroit, MI: Virtues of the Heart

May 19-20, Berkeley, CA: The Embodied Enneagram

June 25-29, Cambridge, MA: Conflict Transformation

September 15-16, Cincinnati, OH: Spiritual Enneagram

November 11-16, Marin County, CA: Meditation

DO WE HAVE YOUR EMAIL ADDRESS? If not, please send us your email address so we can keep you informed: info@EnneagramWorldwide.com

TRANSFORMING LIVES. CREATING A MORE COMPASSIONATE WORLD

866-366-8973