

## WHAT PARTICIPANTS SAY ABOUT THE ENNEAGRAM INTENSIVE

*"Learning personality development through the eyes of David Daniels and Helen Palmer is being given the gift of deep insight into how temperament and attachment intertwine – both personally helpful and professionally useful in understanding our many layers of perception, emotion and habits of mind. Thank you for providing such exciting new vistas."*

**DANIEL SIEGEL, M.D.**, associate clinical professor of psychiatry at the UCLA Center for Culture, Brain and Development, and a world-renowned expert in attachment theory and neurobiology

*"I have been a licensed clinical psychologist for 20 years. Never have I come across an opportunity for both personal and professional growth anything like what is offered this program."*

**D.S., CLINICAL PSYCHOLOGIST**

*"During and after the training, I experienced the straitjacket of type falling away and the blessedness of essence shining through."*

**K.T., PSYCHOTHERAPIST**

*"An experience that will benefit me all the days of my life. As I walk this journey of life, the experience helps my spiritual growth and enhances my ability to reach out to others."*

**T.C., COACH**

*"The training was challenging, yet immensely rewarding. The program revitalized our already enduring relationship, increasing understanding and compassion for habitual behaviors. No words can do justice to what we experienced. A truly watershed adventure!"*

**I.R. & H.L., BUSINESS CONSULTANTS**

*"How I survived the world without the Enneagram I will never know. I do know is that my life is so much richer now thanks to the Enneagram, and to my extraordinary teachers."*

**G.B., COMPANY DIRECTOR**



### Enneagram Studies in the Narrative Tradition presents **THE ENNEAGRAM INTENSIVE**

October 9-14, 2009

Emmaus House, Bristol, U.K.



**DAVID DANIELS, M.D.**, is a clinical professor of psychiatry and behavioral sciences at Stanford Medical School and co-author of *The Essential Enneagram* (Harper Collins). In private practice for more than three decades, David has taught the Enneagram system at Stanford, in the community, and internationally for 20 years. He brings his knowledge of the Enneagram to individuals, couples and groups, and to a wide range of applications in clinical practice and the workplace.



**PETER O'HANRAHAN** has taught the Enneagram to helping professionals, business groups and the public for 25 years. Since 1978 Peter has integrated the Enneagram into his practice as a counselor and body therapist. He managed the Center for Human Growth in Berkeley from 1977 to 1989, incorporating the Enneagram in the program. Peter is the co-director for the Enneagram Professional Training Program.

ENNEAGRAM STUDIES  
IN THE NARRATIVE TRADITION

## ENNEAGRAM INTENSIVE

*Integrating Psychology and Spirituality*

**OCTOBER 9-14, 2009  
EMMAUS HOUSE  
BRISTOL, U.K.**

**WITH DAVID DANIELS, M.D.  
AND PETER O'HANRAHAN**



The six-day Enneagram Intensive is a stand-alone workshop or Section 1 of the Enneagram Professional Training Program. This powerful course offers a deep and transformative experience of the Enneagram system of personality types.

**ENNEAGRAM**  **WORLDWIDE**

Founded by Helen Palmer and David Daniels, M.D.

## THE ENNEAGRAM INTENSIVE

**THIS SIX-DAY WORKSHOP** offers a deep and transformative experience of the Enneagram, focusing on the integration of personality and spirit. Whether you are new to the Enneagram or a long-time student, join us for a unique and life changing experience.

We believe that the most effective way to learn the Enneagram and recognize differences in the nine personality types is through people speaking from their own experience. Our **Narrative Tradition** training of the types, with its respectful and deep inquiry, reaches right to the core of type in a compassionate and thoughtful way that no other training offers. Our panel method brings the Enneagram to life, builds community, and supports learning through all three centers of intelligence – heart, mind and body.

You also will learn and practice the **Universal Growth Process**, a distinctive and simple key to self-mastery that integrates the four As – awareness, acceptance, action and adherence.

The Enneagram Intensive is Section 1 of the **Enneagram Professional Training Program** (EPTP), which was founded in 1988 by Helen Palmer and David Daniels, M.D., to train and qualify Enneagram teachers in the Narrative Tradition. The EPTP is now offered in 13 countries around the world.

You are welcome to take the Enneagram Intensive either as a stand-alone workshop or with an interest in continuing toward teacher qualification. The program is offered to anyone who has some prior knowledge of the Enneagram. If you are new to the Enneagram, please contact us for learning opportunities prior to the six-day program.



## TRAINING FORMAT

**THE ENNEAGRAM INTENSIVE** includes type panels, 12 powerful-guided meditations pre-recorded by Helen Palmer, short didactics, self-observation and movement practices, small-group exercises and discussions. We will explore:

- Strengths and challenges for each personality type
- Emotional and psychological defenses
- Core relationship themes
- The work of integrating personality and essence
- How the Enneagram supports our path of personal and professional development

You will hear two complete rounds of panels with the nine personality types and participate on the panels of your type. The first round of panels explores each type's point of view, basic proposition, relationships and instinctual subtypes. The second round of panels focuses on the defenses of each type, personal reactivity, the path of inner work, integration of personality and spirit and personal growth.

## PROGRAM BENEFITS

**AS A PARTICIPANT, YOU WILL:**

- Deepen your path of personal growth and spiritual practice
- Gain compassion for other points of view
- Increase your effectiveness in your relationships at home and at work
- Learn the strengths and limitations of your type bias and focus of attention
- Expand your personal and professional connections



## WHO SHOULD ATTEND?

- Anyone on a path of personal growth and development
- Therapists, counselors, physicians, nurses
- Business managers, coaches, trainers
- Spiritual directors and clergy
- Teachers and parents

## FEES

The cost of the six-day Enneagram Intensive is **£1150 residential** (includes five nights, private room and all meals) or **£900 commuter** (includes lunches and dinners). A deposit of £500 is required for registration. (Cancellation fee: 50% refund of deposit before September 5, 2009.)

## SCHEDULE AND LOCATION

**Begins:** 2 pm Friday, October 9

**Ends:** 4 pm Wednesday, October 14

**Location:** Emmaus House, Clifton Hill, Clifton, Bristol, BS8 1BN, U.K.

## HOW TO REGISTER

**Registration and information, U.K.:** **Anne Padget** at (0) 7736 527 777 or [befreeuk@hotmail.com](mailto:befreeuk@hotmail.com)

**Registration with Visa or MasterCard, U.S.:** **Tracy Colina** at +1-513-829-3457 or [Tracy@EnneagramWorldwide.com](mailto:Tracy@EnneagramWorldwide.com)

To learn more about our programs, order books and DVDs, or take an Enneagram test online, visit: **[www.EnneagramWorldwide.com](http://www.EnneagramWorldwide.com)**.

See other Enneagram workshops in the U.K. at: **[www.EnneagramWorldwide.com/london-enneagram-centre/](http://www.EnneagramWorldwide.com/london-enneagram-centre/)**

Not registering for a program? Please send us your email address so we can keep you informed: **[info@EnneagramWorldwide.com](mailto:info@EnneagramWorldwide.com)**