

Coming to Cincinnati!
**DEEPER INTO THE ENNEAGRAM:
A Path of Integration**

with Terry Saracino and Renée Rosario

November 10-11, 2018



You know your Enneagram type and likely have experienced that that knowledge can only take you so far. It's a challenge to change our habitual patterns. What to do? We invite you to join us as we explore how to loosen our type structures.

The Narrative Enneagram focuses on integrating three crucial aspects of personal development: the psychological, spiritual and somatic. We can work on each of these three elements separately. There is much value in doing so. But, working with these three areas together creates a synergy that greatly increases the effectiveness of personal growth work.

In this workshop, you will learn an integrated approach that will help you have more choice around your unconscious patterns and strengthen your capacity to be "present" in day-to-day life. The focus will be on combining a deeper understanding of your patterns (psychological) with awareness practices (spiritual) that enable you to meet without judgment what arises in your body (somatic). As we do this, our type structure loosens. It is challenging, but ever so important work. The results are healthier relationships and living more authentically.

The format of the workshop will include panel interviews in the Narrative Tradition, guided meditations, brief didactics, and body-centered practices, to answer questions such as:

- What does your type **believe** you need to be to be ok?
- What **feelings** do you need to avoid?
- What do you **experience** when you try to change?

We look forward to being with you as we dive deeper into this sacred and profound system of transformation.

LOCATION

Jesuit Spiritual Center at Milford
5661 South Milford, Milford, OH 45150

SCHEDULE

Sat. Nov. 10: registration 9:30 am, workshop 10 am - 5 pm
Sun. Nov. 11: 10 am - 4 pm

FEES

Early-bird special: \$245 until October 12, 2018
After October 12: \$275

REGISTRATION AND INFORMATION

Save the date! Registration will be available soon.
Questions? Contact ECOVOhio@gmail.com.

Terry Saracino, MA, MBA. The Enneagram landed in Terry's heart in 1989 and it's been her life's work ever since. She is currently Core Faculty and the past President of the nonprofit organization she founded in 2009, now known as The Narrative Enneagram. She is also co-author of an article on the Enneagram and ego development recently published in the Journal of Adult Development. Through training grounded in the Narrative Tradition, which integrates spirituality, psychology and somatic work, she fulfills her passion of transforming lives and creating a more compassionate world.

Renée Rosario, MA, LPC. Renée is a Core Faculty member of The Narrative Enneagram and has been teaching for seventeen years. She is a transpersonal, body-centered psychotherapist and utilizes mindfulness practices and the Enneagram in her work. Renée helps students and clients cultivate greater equanimity and compassion for themselves and others.