

Coming to Cincinnati!

DEEPER INTO THE ENNEAGRAM: A Path of Integration

with Terry Saracino and Renée Rosario

November 10-11, 2018



The **Narrative Enneagram** integrates three crucial aspects of personal development: the psychological, spiritual and somatic. Working with these three areas together creates a synergy that greatly increases the effectiveness of personal growth work.

The focus will be on combining a deeper understanding of your patterns (psychological) with awareness practices (spiritual) that enable you to meet without judgment what arises in your body (somatic).

In this workshop you will:

1. Identify the specific avoidance and resistance of each type as well as the path of integration;
2. Develop skill in interrupting and responding to patterns with mindfulness and other somatic practices.

The format of the workshop will include panel interviews in the Narrative Tradition, guided meditations, brief didactics, and body-centered practices. The results are having more choice around unconscious patterns, strengthening capacity to be present in day-to-day life, and having healthier relationships.

We look forward to being with you as we dive deeper into this sacred and profound system of transformation.

Terry Saracino, MA, MBA. The Enneagram landed in Terry's heart in 1989 and it's been her life's work ever since. She is currently Core Faculty and the past President of the nonprofit organization she founded in 2009, now known as The Narrative Enneagram. She recently co-authored a research article on the Enneagram and ego development published in the Journal of Adult Development.

Renée Rosario, MA, LPC. Renée is a Core Faculty member of The Narrative Enneagram and has been teaching for seventeen years. She is a transpersonal, body-centered psychotherapist and utilizes mindfulness practices and the Enneagram in her work.

LOCATION

Jesuit Spiritual Center at Milford
5361 South Milford, Milford, OH 45150

FEES

Early-bird special: \$245 until October 12, 2018
After October 12: \$275

SCHEDULE

Sat. Nov. 10: Registration 9:30 am
Workshop 10 am - 5 pm
Sun. Nov. 11: 10 am - 4 pm

CEUS

11 CEUs are available for an additional \$30
311463433 for the Ohio Psychology Board
RSX051401 for the Social Worker Board